





## TimberTop Adventures is a treetop aerial adventure park located just 10 minutes from Uptown Saint John.

As one of Canada's largest parks of its kind, we have developed ziplines and obstacles at various heights and levels of difficulty to offer something for everyone. This is your chance to test your students' problem-solving skills, teamwork, and endurance in a nature-packed outdoor environment.

#### What's included

- Industry-leading safety equipment including helmets, full-body harnesses and the 'Bornack SSB' continuous lifeline system.
- 30 minutes of group training to get everyone comfortable with the safety features as well as what to expect on the courses.
- Options for ages 8 and up with various levels of difficulty.

#### **Benefits**

- Physical activity has been shown to help boost productivity while being in nature has been proven to reduce stress.
- Engage students' problem solving and perseverance skills.
- Give students the reward that comes from accomplishing something perhaps they didn't think they could achieve.
- Create a strong bond between students and facilitate an experience they'll never forget.

## TAKE CLASS TIME OUTSIDE

# What ways can you enhance a lesson plan?

**Science:** Help students appreciate the wildlife and ecological ecosystems found in an old-growth forest. Our platforms, safety systems and course construction can provide some unique lessons in engineering and physics. TimberTop is also located within the Stonehammer UNESCO Global Geopark - a great venue to enable a hands-on experience with our local geological history.

**Conservation:** There's no better way to learn about why we need to conserve our planet than to interact with nature itself. Use our forest setting to discuss carbon footprints and sinks, and how humans and nature live together.



**Physical Education:** Demonstrate how an active lifestyle can be a lot of fun. With varying levels of challenge difficulty, students will test their leg, arm and core strength as well as their endurance, balance, agility, and problem solving abilities.

#### Stonehammer UNESCO Global Geopark

Stonehammer is recognized by UNESCO as having incredible geological history. This history provides a number of educational opportunities in the fields of science, wildlife, and culture. There is an incredible fossil record for the size of the area, recording many major evolutionary events of the last billion years of our planet's history.

Our staff has received training on the history of Stonehammer, as well as Randolph Island, the island on which TimberTop Adventures is located. During your visit, please ask us about the rock formations found throughout the park.







At TimberTop Adventures we have incorporated a number of safety procedures and protocols to ensure your class visit is a safe one.

**Continuous Lifeline System:** TimberTop uses the Bornack SSB (Smart Safe Belay) carabiner system, which keeps users locked into the course from the moment they climb on, to the moment they step off. We also use the latest in helmets and full-body harnesses to further ensure everyone's experience is the safest it can be.

**Training:** As part of a group, each student receives 30 minutes of training before they begin their self-guided adventure. Students are shown how to use their safety equipment first and then complete a training course under the quidance of one of our trainers.

**Regulations:** TimberTop Adventures has been constructed to meet and exceed both the North American and more stringent European safety standards for aerial adventure parks. Our park is annually inspected by a third party expert to ensure continued compliance to these regulations.

**Daily Inspections:** Our experienced guides physically go through each of our courses in detail each morning to inspect them before we open. We also thoroughly check customer safety equipment after each use so it's ready for when guests arrive.

**Staff Availability:** Our staff are strategically positioned throughout the park to be easily reached during your visit. They are there to answer any questions and provide guidance on tackling challenges. Our rescue guides have received in-depth, high ropes, rescue training specifically for our park and can assist customers if they need to safely exit a course early.

**AED, EpiPen, First Aid:** All staff have been trained in First Aid, including CPR. They have also been trained in the use of EpiPens and AEDs, both of which are located on site at our registration office.

Here are a few tips when planning your class trip to TimberTop Adventures:

#### ☐ Pick a date and reserve

We're open for visitors from early May to late October. During the school months we are open to the public on the weekends and to large groups and classes during weekdays by reservation only. Due to the limited number of school days and the large number of schools/classes in the area, we encourage you to contact us early to reserve your date.

# ☐ Get parents or legal guardians to sign waivers prior to your visit

Everyone who climbs at TimberTop Adventures needs to have a waiver signed. Students under 19 will need to have their waiver signed by a parent or legal guardian ahead of time. We can provide either a waiver for printing or a link for parents or quardians to fill out and sign waivers online. We highly recommend that you review all students' waivers prior to arriving at the park to ensure all fields are properly filled in and signed appropriately. We also ask for a list of participants to be submitted at least 48 hours in advance of your group's adventure to assist us in organizing your visit. Please note that no one can climb without a properly completed and signed waiver and that we cannot make any exceptions to this requirement.

#### □ Organize buses

Larger groups will need to be divided into smaller groups of 20-30 people for harnessing and training and will be departing every 20 to 30 minutes. For large groups, TimberTop recommends staggering bus arrivals to a alleviate wait times. We are happy to work with you and your school when scheduling arrival times during the booking process.

#### ☐ Come ready for the day

Please ask students to wear comfortable clothing and closed-toe shoes, to have long hair tied back, and to bring gloves to protect their hands. Gloves are a mandatory requirement at TimberTop Adventures and if they don't have their own athletic or work gloves we do offer them for sale at the registration desk.

## ☐ Age and supervising requirements

Students should be 8 years old or above to participate in our school packages. We require adult supervision for all climbers under 16. For those under 11, one supervising adult is required to climb with every three students. A supervising adult for students 12 and older can watch up to 5 climbers from the ground. If you don't have enough supervisors we do offer the option of hiring some of our guides as supervisors. Once you know the ages of students in your group, we are happy to outline the supervising requirements specifically for your visit.





Upon arrival, we will divide your students and participating supervisors into groups of 20-30 people for harnessing and training purposes.

Following harnessing, each group will be walked up to our training area where they will receive up to 30 minutes of safety training, including time on our practice courses. Upon successful completion, each group would then begin their self-guided experience. Climbers start on one of our easy or beginner courses and work their way up to more difficult ones at their own pace and comfort level.

Once a group has headed off to training, we will invite the next group to get harnessed up. Depending on the number of groups to be harnessed, you may wish to design a scavenger hunt on the beach or other activities within the park for the group(s) waiting their turn.



#### What should everyone wear?

- Comfortable clothing that gives students the freedom to easily move. The clothing should be something they don't mind potentially getting a little dirty.
- Closed-toe shoes. Sneakers and hiking shoes are the best.
- Gloves are mandatory at our park as their use is part of our safety requirements.
  Athletic or work gloves are the best to use. If students don't have gloves from home, we have a selection of gloves for sale at the registration desk.
- · Long hair needs to be tied back.
- While our courses are generally in the shade, students planning on being out in the sun should consider bringing sunscreen. Due to the nature of wearing helmets, students should leave their ball caps at home or in their backpacks.

#### What should we bring with us?

We recommend students pack snacks and water as they will be using up a lot of energy on the courses. Dominion Park has three covered picnic sites available to the public on a first-come, first-serve basis. We sell bottles of water and peanut-free bars onsite as well. Teachers will need to bring all the properly completed waivers for the participating students and supervisors as well as a final list of participants (previously sent to us 48 hours in advance).

#### What if it rains?

TimberTop Adventures operates as an all-weather park, open rain or shine. We are fortunate that our trees provide both shade from the sun, and partial coverage from the rain.

However, we do reserve the right to cancel due to extreme weather events, such as lightning and very strong wind conditions. Our staff monitor the forecast daily and should an extreme weather event occur while your group is out on the course, we will call for an immediate evacuation. We will help all guests exit the courses quickly and return to the registration area.

#### What about payment?

We offer a number of pricing and packaging options. Pricing is dependent on the number and age of participants, selected course packages, and time spent at the park.

Payment in full will be due the day of your adventure. With prior approval, cheques can be made out to TimberTop Adventures Inc.

To discuss options please contact us at 506-657-6060, toll-free at 1-833-657-6060, or via email at info@timbertopadventures.com.

## What if the group needs to cancel or reschedule?

Due to the requirements around staff scheduling, we require at least 48 hours notice if you need to cancel or reschedule your visit.







### **CONTACT US TODAY TO** ORGANIZE YOUR VISIT TO TIMBERTOP ADVENTURES!

FOR MORE INFORMATION VISIT WWW.TIMBERTOP.CA



506-657-6060 | 1-833-657-6060 info@timbertopadventures.com 730 Dominion Park Road, Saint John

#### TimberTop.ca

